



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Berkmann, Thomas

Club: S.C. Saaletal
Number: 168

Course: 26.20 km
Brockenlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:49:13

Speed: 9.22 km/h
Running performance: 6:28 min/km

Rank in course/Total: 317 (of 426)

Rank in course/Men: 285 (of 371)

Best time in course: 1:42:20

Rank in category: 49(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:37	6:14	53	8:05	296	8:11	3.30	20:37	6:14	20	0:07	158	8:11
Schlüsie	3.10	21:50	7:02	51	7:44	281	8:24	6.40	42:27	6:37	20	0:30	285	16:35
Hermannsklippe	2.60	19:50	7:37	50	7:21	278	8:05	9.00	1:02:17	6:55	20	1:05	285	24:40
Brocken	3.10	32:02	10:19	48	12:03	275	13:56	12.10	1:34:19	7:47	20	1:09	285	38:36
Eiserner Handwe	3.60	21:50	6:03	50	9:52	307	9:52	15.70	1:56:09	7:23	20	3:25	285	47:46
Schlüsie	4.10	20:47	5:04	51	8:51	307	8:51	19.80	2:16:56	6:54	20	4:26	285	55:58
Loddenke	3.10	15:28	4:59	41	5:02	260	5:15	22.90	2:32:24	6:39	20	3:56	285	1:01:13
Ilseburg/Markt	3.30	16:49	5:05	41	5:03	260	5:40	26.20	2:49:13	6:27	49	1:03:56	285	1:06:53