



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Rohde, Peter

Club: TuS Kirchwalsede
Number: 172

Course: 26.20 km
Brockenlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:50:08

Speed: 9.17 km/h
Running performance: 6:29 min/km

Rank in course/Total: 323 (of 426)

Rank in course/Men: 290 (of 371)

Best time in course: 1:42:20

Rank in category: 10(of 21)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:56	6:38	16	5:27	338	9:30	3.30	21:56	6:38	13	0:44	290	9:30
Schlüsie	3.10	22:58	7:24	12	4:44	311	9:32	6.40	44:54	7:00	13	1:54	290	19:02
Hermannsklippe	2.60	20:32	7:53	12	4:20	299	8:47	9.00	1:05:26	7:16	13	2:38	290	27:49
Brocken	3.10	32:52	10:36	13	6:43	296	14:46	12.10	1:38:18	8:07	13	2:10	288	42:35
Eiserner Handwe	3.60	22:07	6:08	13	5:33	315	10:09	15.70	2:00:25	7:40	13	2:15	290	52:02
Schlüsie	4.10	18:58	4:37	9	3:20	254	7:02	19.80	2:19:23	7:02	13	0:40	290	58:25
Loddenke	3.10	14:51	4:47	5	1:52	224	4:38	22.90	2:34:14	6:44	13		290	1:03:03
Ilseburg/Markt	3.30	15:54	4:49	4	1:08	198	4:45	26.20	2:50:08	6:29	10	32:49	290	1:07:48