



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Himmelbauer, Frank

Club: Magdeburg  
Number: 51

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:51:21

Speed: 9.10 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 329 (of 426)

Rank in course/Men: 296 (of 371)

Best time in course: 1:42:20

Rank in category: 63(of 77)

Best time in the category: 1:59:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:38	5:56	50	4:55	234	7:12	3.30	19:38	5:56	9	1:28	253	7:12
Schlüsie	3.10	21:32	6:56	56	5:08	263	8:06	6.40	41:10	6:25	36	1:03	296	15:18
Hermannsklippe	2.60	20:47	7:59	64	6:51	307	9:02	9.00	1:01:57	6:53	36	1:43	293	24:20
Brocken	3.10	31:41	10:13	52	9:46	265	13:35	12.10	1:33:38	7:44	36		296	37:55
Eiserner Handwe	3.60	21:32	5:58	62	7:32	300	9:34	15.70	1:55:10	7:20	36	3:04	296	46:47
Schlüsie	4.10	20:32	5:00	64	7:16	301	8:36	19.80	2:15:42	6:51	36	6:14	296	54:44
Loddenke	3.10	16:52	5:26	69	5:40	316	6:39	22.90	2:32:34	6:39	36	8:42	296	1:01:23
Ilseburg/Markt	3.30	18:47	5:41	70	6:16	317	7:38	26.20	2:51:21	6:32	63	52:20	296	1:09:01