



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Hülsmann, Jürgen

Club: VfL Wildeshausen  
Number: 25

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:51:22

Speed: 9.10 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 330 (of 426)

Rank in course/Men: 297 (of 371)

Best time in course: 1:42:20

Rank in category: 51(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:48	6:00	45	7:16	250	7:22	3.30	19:48	6:00	8		129	7:22
Schlüsie	3.10	20:42	6:40	35	6:36	220	7:16	6.40	40:30	6:19	8		217	14:38
Hermannsklippe	2.60	19:18	7:25	42	6:49	251	7:33	9.00	59:48	6:38	8		217	22:11
Brocken	3.10	29:32	9:31	34	9:33	200	11:26	12.10	1:29:20	7:22	8		217	33:37
Eiserner Handwe	3.60	23:55	6:38	56	11:57	346	11:57	15.70	1:53:15	7:12	22	0:31	297	44:52
Schlüsie	4.10	24:16	5:55	56	12:20	356	12:20	19.80	2:17:31	6:56	19	5:01	281	56:33
Loddenke	3.10	16:23	5:17	48	5:57	295	6:10	22.90	2:33:54	6:43	22	5:26	297	1:02:43
Ilseburg/Markt	3.30	17:28	5:17	47	5:42	289	6:19	26.20	2:51:22	6:32	51	1:06:05	297	1:09:02