



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Lemke, Marcus

Club: Bad Lauterberg
Number: 197

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:53:52

Speed: 8.97 km/h
Running performance: 6:38 min/km

Rank in course/Total: 341 (of 426)

Rank in course/Men: 307 (of 371)

Best time in course: 1:42:20

Rank in category: 42(of 47)

Best time in the category: 1:49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	20:26	6:11	43	6:50	287	8:00	3.30	20:26	6:11	19	0:41	228	8:00
Schlüsie	3.10	22:17	7:11	44	7:10	303	8:51	6.40	42:43	6:40	19	2:16	254	16:51
Hermannsklippe	2.60	20:07	7:44	44	7:09	287	8:22	9.00	1:02:50	6:58	19	3:44	307	25:13
Brocken	3.10	31:36	10:11	39	11:52	264	13:30	12.10	1:34:26	7:48	19	5:41	307	38:43
Eiserner Handwe	3.60	21:14	5:53	43	8:22	291	9:16	15.70	1:55:40	7:22	19	7:06	307	47:17
Schlüsie	4.10	20:30	5:00	43	8:10	300	8:34	19.80	2:16:10	6:52	19	10:01	307	55:12
Loddenke	3.10	18:29	5:57	46	7:32	340	8:16	22.90	2:34:39	6:45	19	13:41	307	1:03:28
Ilseburg/Markt	3.30	19:13	5:49	43	7:22	325	8:04	26.20	2:53:52	6:38	42	1:04:02	307	1:11:32