



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Albrecht, Dieter

Total time: 2:54:56

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel

Speed: 8.99 km/h

Number: 102

Running performance: 6:41 min/km

Course: 26.20 km

Rank in course/Total: 344 (of 426)

Brockenlauf

Rank in course/Men: 309 (of 371)

Best time in course: 1:42:20

Category:

Rank in category: 13(of 21)

Senioren M60 (60-64 Jahre)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:29	6:30	14	5:00	325	9:03	3.30	21:29	6:30	10	0:17	309	9:03
Schlüsie	3.10	23:56	7:43	17	5:42	338	10:30	6.40	45:25	7:05	10	2:25	309	19:33
Hermannsklippe	2.60	21:12	8:09	14	5:00	315	9:27	9.00	1:06:37	7:24	10	3:49	309	29:00
Brocken	3.10	33:14	10:43	14	7:05	303	15:08	12.10	1:39:51	8:15	10	3:43	309	44:08
Eiserner Handwe	3.60	22:44	6:18	18	6:10	331	10:46	15.70	2:02:35	7:48	10	4:25	309	54:12
Schlüsie	4.10	20:19	4:57	11	4:41	296	8:23	19.80	2:22:54	7:13	10	4:11	309	1:01:56
Loddenke	3.10	15:17	4:55	7	2:18	249	5:04	22.90	2:38:11	6:54	10	3:13	309	1:07:00
Ilseburg/Markt	3.30	16:45	5:04	9	1:59	256	5:36	26.20	2:54:56	6:40	13	37:37	309	1:12:36