



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kranz, Timo

Club: VfL Sittensen
Number: 250

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:57:13

Speed: 8.80 km/h
Running performance: 6:46 min/km

Rank in course/Total: 351 (of 426)

Rank in course/Men: 313 (of 371)

Best time in course: 1:42:20

Rank in category: 44(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:16	5:32	25	4:40	161	5:50	3.30	18:16	5:32	21		313	5:50
Schlüsie	3.10	20:33	6:37	36	5:26	208	7:07	6.40	38:49	6:03	21		313	12:57
Hermannsklippe	2.60	18:19	7:02	35	5:21	213	6:34	9.00	57:08	6:20	21		313	19:31
Brocken	3.10	32:45	10:33	42	13:01	293	14:39	12.10	1:29:53	7:25	21	1:08	313	34:10
Eiserner Handwe	3.60	22:49	6:20	44	9:57	332	10:51	15.70	1:52:42	7:10	21	4:08	245	44:19
Schlüsie	4.10	25:23	6:11	46	13:03	357	13:27	19.80	2:18:05	6:58	21	11:56	313	57:07
Loddenke	3.10	19:01	6:08	47	8:04	346	8:48	22.90	2:37:06	6:51	21	16:08	313	1:05:55
Ilseburg/Markt	3.30	20:07	6:05	45	8:16	341	8:58	26.20	2:57:13	6:45	44	1:07:23	313	1:14:53