



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Abel, Stephanie

Club: Stapelburg
Number: 380

Course: 26.20 km
Brockenlauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 2:58:21

Speed: 8.75 km/h
Running performance: 6:49 min/km

Rank in course/Total: 356 (of 426)

Rank in course/Women: 39 (of 55)

Best time in course: 2:09:06

Rank in category: 1(of 1)

Best time in the category: 2:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:27	6:11	1	-	32	5:02	3.30	20:27	6:11	1	-	12	
Schlüsie	3.10	22:39	7:18	1	-	31	5:26	6.40	43:06	6:44	1	-	12	
Hermannsklippe	2.60	20:47	7:59	1	-	32	5:10	9.00	1:03:53	7:05	1	-	12	
Brocken	3.10	34:21	11:04	1	-	37	9:52	12.10	1:38:14	8:07	1	-	12	
Eiserner Handwe	3.60	22:23	6:13	1	-	45	7:43	15.70	2:00:37	7:40	1	-	12	
Schlüsie	4.10	17:55	4:22	1	-	21	3:33	19.80	2:18:32	6:59	1	-	12	
Loddenke	3.10	17:00	5:29	1	-	45	7:40	22.90	2:35:32	6:47	1	-	12	
Ilseburg/Markt	3.30	22:49	6:54	1	-	53	9:20	26.20	2:58:21	6:48	1	-	39	49:15