



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Janke, Martin

Club: Braunlage  
Number: 133

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:58:23

Speed: 8.75 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 357 (of 426)

Rank in course/Men: 318 (of 371)

Best time in course: 1:42:20

Rank in category: 15(of 21)

Best time in the category: 2:17:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:51	6:19	9	4:22	305	8:25	3.30	20:51	6:19	8		318	8:25
Schlüsie	3.10	22:36	7:17	11	4:22	309	9:10	6.40	43:27	6:47	8	0:27	318	17:35
Hermannsklippe	2.60	21:53	8:24	17	5:41	331	10:08	9.00	1:05:20	7:15	8	2:32	318	27:43
Brocken	3.10	32:50	10:35	12	6:41	294	14:44	12.10	1:38:10	8:06	8	2:02	318	42:27
Eiserner Handwe	3.60	20:49	5:46	9	4:15	281	8:51	15.70	1:58:59	7:34	8	0:49	318	50:36
Schlüsie	4.10	22:42	5:32	17	7:04	342	10:46	19.80	2:21:41	7:09	8	2:58	318	1:00:43
Loddenke	3.10	16:58	5:28	15	3:59	317	6:45	22.90	2:38:39	6:55	8	3:41	318	1:07:28
Ilseburg/Markt	3.30	19:44	5:58	19	4:58	335	8:35	26.20	2:58:23	6:48	15	41:04	318	1:16:03