



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Franke, Olaf

Club: SV Farnstädt
Number: 158

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:58:50

Speed: 8.72 km/h
Running performance: 6:50 min/km

Rank in course/Total: 358 (of 426)

Rank in course/Men: 319 (of 371)

Best time in course: 1:42:20

Rank in category: 66(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:47	5:59	54	5:04	248	7:21	3.30	19:47	5:59	33	1:37	312	7:21
Schlüsie	3.10	20:59	6:46	52	4:35	242	7:33	6.40	40:46	6:22	33	0:39	319	14:54
Hermannsklippe	2.60	19:51	7:38	56	5:55	280	8:06	9.00	1:00:37	6:44	33	0:23	319	23:00
Brocken	3.10	32:07	10:21	53	10:12	276	14:01	12.10	1:32:44	7:39	33		319	37:01
Eiserner Handwe	3.60	21:25	5:56	60	7:25	298	9:27	15.70	1:54:09	7:16	33	2:03	319	45:46
Schlüsie	4.10	23:30	5:43	75	10:14	350	11:34	19.80	2:17:39	6:57	33	8:11	319	56:41
Loddenke	3.10	19:52	6:24	75	8:40	356	9:39	22.90	2:37:31	6:52	33	13:39	319	1:06:20
Ilseburg/Markt	3.30	21:19	6:27	75	8:48	352	10:10	26.20	2:58:50	6:49	66	59:49	319	1:16:30