



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Thater, Ralf

Club: SVE Wildenloh  
Number: 150

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:58:53

Speed: 8.72 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 359 (of 426)

Rank in course/Men: 320 (of 371)

Best time in course: 1:42:20

Rank in category: 48(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:12	7:01	52	7:34	352	10:46	3.30	23:12	7:01	20	2:35	320	10:46
Schlüsie	3.10	24:22	7:51	52	6:55	343	10:56	6.40	47:34	7:25	20	3:34	320	21:42
Hermannsklippe	2.60	20:56	8:03	47	5:56	311	9:11	9.00	1:08:30	7:36	20	3:40	320	30:53
Brocken	3.10	37:01	11:56	52	13:01	348	18:55	12.10	1:45:31	8:43	20	9:34	320	49:48
Eiserner Handwe	3.60	20:46	5:46	43	6:18	279	8:48	15.70	2:06:17	8:02	20	11:32	320	57:54
Schlüsie	4.10	20:06	4:54	45	6:28	288	8:10	19.80	2:26:23	7:23	20	12:19	320	1:05:25
Loddenke	3.10	15:57	5:08	42	4:25	281	5:44	22.90	2:42:20	7:05	20	12:11	320	1:11:09
Ilseburg/Markt	3.30	16:33	5:00	38	3:37	236	5:24	26.20	2:58:53	6:49	48	53:34	320	1:16:33