



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Müller, Diana

Club: Vitalics Sport Center
Number: 232

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:59:34

Speed: 8.69 km/h
Running performance: 6:51 min/km

Rank in course/Total: 363 (of 426)

Rank in course/Women: 40 (of 55)

Best time in course: 2:09:06

Rank in category: 4(of 5)

Best time in the category: 2:24:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:30	7:07	5	5:01	50	8:05	3.30	23:30	7:07	4	2:56	13	1:30
Schlüsie	3.10	23:26	7:33	4	4:18	39	6:13	6.40	46:56	7:19	4	6:46	13	0:03
Hermannsklippe	2.60	20:45	7:58	4	4:03	31	5:08	9.00	1:07:41	7:31	4	10:49	13	
Brocken	3.10	33:31	10:48	4	9:02	34	9:02	12.10	1:41:12	8:21	4	19:51	13	
Eiserner Handwe	3.60	22:30	6:15	5	4:48	46	7:50	15.70	2:03:42	7:52	4	24:39	13	
Schlüsie	4.10	20:43	5:03	5	5:05	45	6:21	19.80	2:24:25	7:17	4	29:44	13	
Loddenke	3.10	16:48	5:25	5	4:24	44	7:28	22.90	2:41:13	7:02	4	32:50	13	
Ilseburg/Markt	3.30	18:21	5:33	5	3:42	41	4:52	26.20	2:59:34	6:51	4	34:48	40	50:28