



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Forstenbacher, Felix

Club: Triathlonfreunde Wittenberg
Number: 577

Course: 3.90 km
Einsteigerlauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 18:34

Speed: 9.69 km/h
Running performance: 4:46 min/km

Rank in course/Total: 5 (of 25)

Rank in course/Men: 4 (of 18)

Best time in course: 16:17

Rank in category: 3(of 7)

Best time in the category: 16:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	9:53	5:12	3	1:47	7	1:47	1.90	9:53	5:12	2	1:47	17	
Ilseburg/Markt	2.00	8:41	4:20	2	0:30	2	0:30	3.90	18:34	4:45	3	2:17	4	2:17