



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Scheibe, Frank

Club: SV Westfeld
Number: 312

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:02:17

Speed: 8.56 km/h
Running performance: 6:58 min/km

Rank in course/Total: 373 (of 426)

Rank in course/Men: 331 (of 371)

Best time in course: 1:42:20

Rank in category: 70(of 77)

Best time in the category: 1:59:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:58	5:26	30	3:15	142	5:32	3.30	17:58	5:26	29		331	5:32
Schlüsie	3.10	22:02	7:06	64	5:38	292	8:36	6.40	40:00	6:15	29		331	14:08
Hermannsklippe	2.60	22:16	8:33	71	8:20	339	10:31	9.00	1:02:16	6:55	29	2:02	331	24:39
Brocken	3.10	37:20	12:02	73	15:25	350	19:14	12.10	1:39:36	8:13	29	5:53	331	43:53
Eiserner Handwe	3.60	23:44	6:35	71	9:44	344	11:46	15.70	2:03:20	7:51	29	11:14	331	54:57
Schlüsie	4.10	22:36	5:30	70	9:20	339	10:40	19.80	2:25:56	7:22	29	16:28	331	1:04:58
Loddenke	3.10	17:44	5:43	72	6:32	330	7:31	22.90	2:43:40	7:08	29	19:48	331	1:12:29
Ilseburg/Markt	3.30	18:37	5:38	69	6:06	315	7:28	26.20	3:02:17	6:57	70	1:03:16	331	1:19:57