



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Wernicke, Raik

Club: TGS Walldorf
Number: 123

Course: 26.20 km
Brockenlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:02:22

Speed: 8.55 km/h
Running performance: 6:58 min/km

Rank in course/Total: 374 (of 426)

Rank in course/Men: 332 (of 371)

Best time in course: 1:42:20

Rank in category: 55(of 58)

Best time in the category: 1:45:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:56	6:20	55	8:24	309	8:30	3.30	20:56	6:20	26	0:26	332	8:30
Schlüsie	3.10	23:26	7:33	56	9:20	323	10:00	6.40	44:22	6:55	25	2:25	330	18:30
Hermannsklippe	2.60	22:18	8:34	56	9:49	341	10:33	9.00	1:06:40	7:24	26	5:28	332	29:03
Brocken	3.10	35:31	11:27	56	15:32	333	17:25	12.10	1:42:11	8:26	26	9:01	332	46:28
Eiserner Handwe	3.60	22:12	6:09	51	10:14	318	10:14	15.70	2:04:23	7:55	26	11:39	332	56:00
Schlüsie	4.10	20:06	4:54	47	8:10	288	8:10	19.80	2:24:29	7:17	26	11:59	310	1:03:31
Loddenke	3.10	17:57	5:47	54	7:31	332	7:44	22.90	2:42:26	7:05	26	13:58	332	1:11:15
Ilseburg/Markt	3.30	19:56	6:02	57	8:10	339	8:47	26.20	3:02:22	6:57	55	1:17:05	332	1:20:02