



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Dr. Reich, Steffi

Club: Blau-Weiß Hettstedt
Number: 420

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:05:34

Speed: 8.41 km/h
Running performance: 7:05 min/km

Rank in course/Total: 386 (of 426)

Rank in course/Women: 45 (of 55)

Best time in course: 2:09:06

Rank in category: 11(of 14)

Best time in the category: 2:23:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:46	7:12	14	6:11	51	8:21	3.30	23:46	7:12	11	6:11	18	1:46
Schlüsie	3.10	26:11	8:26	14	7:42	52	8:58	6.40	49:57	7:48	11	13:53	18	3:04
Hermannsklippe	2.60	23:21	8:58	13	6:09	50	7:44	9.00	1:13:18	8:08	11	20:02	18	3:52
Brocken	3.10	36:29	11:46	13	8:07	46	12:00	12.10	1:49:47	9:04	11	28:09	18	4:22
Eiserner Handwe	3.60	21:00	5:49	9	3:44	39	6:20	15.70	2:10:47	8:19	11	31:53	18	3:55
Schlüsie	4.10	20:00	4:52	7	3:54	36	5:38	19.80	2:30:47	7:36	11	35:47	18	4:19
Loddenke	3.10	16:36	5:21	10	3:31	42	7:16	22.90	2:47:23	7:18	11	39:18	18	4:54
Ilseburg/Markt	3.30	18:11	5:30	9	2:53	38	4:42	26.20	3:05:34	7:04	11	42:11	45	56:28