



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Lehmann, Wolf-Dieter

Club: Rennsteiglaufverein
Number: 120

Course: 26.20 km
Brockenlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:06:00

Speed: 8.39 km/h
Running performance: 7:06 min/km

Rank in course/Total: 388 (of 426)

Rank in course/Men: 342 (of 371)

Best time in course: 1:42:20

Rank in category: 19(of 21)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:28	7:06	19	6:59	357	11:02	3.30	23:28	7:06	4	2:16	324	11:02
Schlüsie	3.10	25:03	8:04	19	6:49	351	11:37	6.40	48:31	7:34	4	5:31	342	22:39
Hermannsklippe	2.60	23:36	9:04	19	7:24	352	11:51	9.00	1:12:07	8:00	4	9:19	342	34:30
Brocken	3.10	35:16	11:22	17	9:07	332	17:10	12.10	1:47:23	8:52	4	11:15	342	51:40
Eiserner Handwe	3.60	22:21	6:12	15	5:47	319	10:23	15.70	2:09:44	8:15	4	11:34	342	1:01:21
Schlüsie	4.10	21:09	5:09	15	5:31	312	9:13	19.80	2:30:53	7:37	4	12:10	342	1:09:55
Loddenke	3.10	16:58	5:28	15	3:59	317	6:45	22.90	2:47:51	7:19	4	12:53	342	1:16:40
Ilseburg/Markt	3.30	18:09	5:30	15	3:23	304	7:00	26.20	3:06:00	7:05	19	48:41	342	1:23:40