



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Ahlers, Klara

Club: Wennigsen
Number: 332

Enduro Long Men

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 3:07:57

Speed: - km/h

Running performance: 7:10 min/km

Rank in course/Total: 392 (of 426)

Rank in course/Women: 48 (of 55)

Best time in course: 2:09:06

Rank in category: 13(of 14)

Best time in the category: 2:23:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:23	7:05	13	5:48	48	7:58	3.30	23:23	7:05	13	5:48	21	1:23
Schlüsie	3.10	23:52	7:41	10	5:23	42	6:39	6.40	47:15	7:22	13	11:11	21	0:22
Hermannsklippe	2.60	20:59	8:04	6	3:47	34	5:22	9.00	1:08:14	7:34	13	14:58	21	
Brocken	3.10	33:48	10:54	6	5:26	35	9:19	12.10	1:42:02	8:25	13	20:24	21	
Eiserner Handwe	3.60	24:54	6:54	14	7:38	54	10:14	15.70	2:06:56	8:05	13	28:02	21	0:04
Schlüsie	4.10	22:07	5:23	13	6:01	48	7:45	19.80	2:29:03	7:31	13	34:03	21	2:35
Loddenke	3.10	18:15	5:53	14	5:10	51	8:55	22.90	2:47:18	7:18	13	39:13	21	4:49
Ilseburg/Markt	3.30	20:39	6:15	14	5:21	50	7:10	-	3:07:57	-	13	44:34	48	58:51