



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Wetzstein, Andreas

Club: Wildeshausen  
Number: 56

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:16:56

Speed: 7.92 km/h  
Running performance: 7:31 min/km

Rank in course/Total: 406 (of 426)

Rank in course/Men: 355 (of 371)

Best time in course: 1:42:20

Rank in category: 76(of 77)

Best time in the category: 1:59:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:47	6:36	72	7:04	333	9:21	3.30	21:47	6:36	23	3:37	356	9:21
Schlüsie	3.10	25:05	8:05	76	8:41	353	11:39	6.40	46:52	7:19	23	6:45	356	21:00
Hermannsklippe	2.60	23:27	9:01	75	9:31	349	11:42	9.00	1:10:19	7:48	23	10:05	356	32:42
Brocken	3.10	39:10	12:38	76	17:15	361	21:04	12.10	1:49:29	9:02	23	15:46	356	53:46
Eiserner Handwe	3.60	26:11	7:16	76	12:11	360	14:13	15.70	2:15:40	8:38	23	23:34	356	1:07:17
Schlüsie	4.10	23:47	5:48	76	10:31	352	11:51	19.80	2:39:27	8:03	23	29:59	356	1:18:29
Loddenke	3.10	18:08	5:50	73	6:56	336	7:55	22.90	2:57:35	7:45	23	33:43	356	1:26:24
Ilseburg/Markt	3.30	19:21	5:51	73	6:50	330	8:12	26.20	3:16:56	7:30	76	1:17:55	355	1:34:36