



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Müller, Otto

Club: FSV Heide Letzlingen
Number: 180

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:17:37

Speed: 7.89 km/h
Running performance: 7:32 min/km

Rank in course/Total: 407 (of 426)

Rank in course/Men: 356 (of 371)

Best time in course: 1:42:20

Rank in category: 52(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:09	6:42	50	6:31	346	9:43	3.30	22:09	6:42	24	1:32	357	9:43
Schlüsie	3.10	23:27	7:33	47	6:00	324	10:01	6.40	45:36	7:07	24	1:36	357	19:44
Hermannsklippe	2.60	22:07	8:30	51	7:07	335	10:22	9.00	1:07:43	7:31	24	2:53	357	30:06
Brocken	3.10	33:52	10:55	48	9:52	318	15:46	12.10	1:41:35	8:23	24	5:38	357	45:52
Eiserner Handwe	3.60	25:18	7:01	53	10:50	357	13:20	15.70	2:06:53	8:04	24	12:08	357	58:30
Schlüsie	4.10	26:35	6:29	54	12:57	360	14:39	19.80	2:33:28	7:45	24	19:24	357	1:12:30
Loddenke	3.10	20:02	6:27	53	8:30	357	9:49	22.90	2:53:30	7:34	24	23:21	350	1:22:19
Ilseburg/Markt	3.30	24:07	7:18	54	11:11	365	12:58	26.20	3:17:37	7:32	52	1:12:18	356	1:35:17