



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Evers, Iris

Club: TC-Nutilus
Number: 118

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:20:00

Speed: 7.80 km/h
Running performance: 7:38 min/km

Rank in course/Total: 409 (of 426)

Rank in course/Women: 53 (of 55)

Best time in course: 2:09:06

Rank in category: 2(of 3)

Best time in the category: 3:19:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	26:19	7:58	2	2:18	54	10:54	3.30	26:19	7:58	2	2:18	26	4:19
Schlüsie	3.10	27:53	8:59	2	0:58	54	10:40	6.40	54:12	8:28	2	3:16	26	7:19
Hermannsklippe	2.60	25:06	9:39	2	0:27	54	9:29	9.00	1:19:18	8:48	2	3:43	26	9:52
Brocken	3.10	37:23	12:03	1	-	50	12:54	12.10	1:56:41	9:38	2	1:03	26	11:16
Eiserner Handwe	3.60	21:55	6:05	1	-	44	7:15	15.70	2:18:36	8:49	2		26	11:44
Schlüsie	4.10	22:17	5:26	1	-	49	7:55	19.80	2:40:53	8:07	2		26	14:25
Loddenke	3.10	18:38	6:00	2	0:04	53	9:18	22.90	2:59:31	7:50	2		26	17:02
Ilseburg/Markt	3.30	20:29	6:12	2	0:37	49	7:00	26.20	3:20:00	7:38	2	0:03	53	1:10:54