



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Krause, Karl-Heinz

Club: Erst laufen dann saufen
Number: 428

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:40:36

Speed: 7.07 km/h
Running performance: 8:25 min/km

Rank in course/Total: 420 (of 426)

Rank in course/Men: 366 (of 371)

Best time in course: 1:42:20

Rank in category: 57(of 57)

Best time in the category: 2:05:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	25:19	7:40	57	9:41	369	12:53	3.30	25:19	7:40	29	4:42	367	12:53
Schlüsie	3.10	27:29	8:51	56	10:02	368	14:03	6.40	52:48	8:14	29	8:48	367	26:56
Hermannsklippe	2.60	25:38	9:51	57	10:38	367	13:53	9.00	1:18:26	8:42	29	13:36	367	40:49
Brocken	3.10	39:54	12:52	57	15:54	366	21:48	12.10	1:58:20	9:46	29	22:23	367	1:02:37
Eiserner Handwe	3.60	33:54	9:24	57	19:26	370	21:56	15.70	2:32:14	9:41	29	37:29	367	1:23:51
Schlüsie	4.10	29:48	7:16	56	16:10	367	17:52	19.80	3:02:02	9:11	29	47:58	367	1:41:04
Loddenke	3.10	19:24	6:15	52	7:52	351	9:11	22.90	3:21:26	8:47	29	51:17	367	1:50:15
Ilseburg/Markt	3.30	19:10	5:48	51	6:14	323	8:01	26.20	3:40:36	8:25	57	1:35:17	366	1:58:16