



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Andres, Stephan

Club: Brockenlaufverein  
Number: 226

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 3:41:01

Speed: 7.06 km/h  
Running performance: 8:26 min/km

Rank in course/Total: 423 (of 426)

Rank in course/Men: 369 (of 371)

Best time in course: 1:42:20

Rank in category: 47(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:33	7:26	47	10:57	365	12:07	3.30	24:33	7:26	24	4:48	370	12:07
Schlüsie	3.10	25:34	8:14	47	10:27	360	12:08	6.40	50:07	7:49	24	9:40	370	24:15
Hermannsklippe	2.60	26:45	10:17	47	13:47	371	15:00	9.00	1:16:52	8:32	24	17:46	370	39:15
Brocken	3.10	38:06	12:17	47	18:22	354	20:00	12.10	1:54:58	9:30	24	26:13	370	59:15
Eiserner Handwe	3.60	38:21	10:39	47	25:29	371	26:23	15.70	2:33:19	9:45	24	44:45	370	1:24:56
Schlüsie	4.10	30:47	7:30	47	18:27	371	18:51	19.80	3:04:06	9:17	24	57:57	370	1:43:08
Loddenke	3.10	17:58	5:47	43	7:01	333	7:45	22.90	3:22:04	8:49	24	1:01:06	370	1:50:53
Ilseburg/Markt	3.30	18:57	5:44	42	7:06	319	7:48	26.20	3:41:01	8:26	47	1:51:11	369	1:58:41