



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Ryll, Emil

Club: Hettstedt
Number: 359

Course: 26.20 km
Brockenlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:46:41

Speed: 6.88 km/h
Running performance: 8:39 min/km

Rank in course/Total: 424 (of 426)

Rank in course/Men: 370 (of 371)

Best time in course: 1:42:20

Rank in category: 6(of 6)

Best time in the category: 2:31:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:46	7:12	5	5:32	361	11:20	3.30	23:46	7:12	6	5:05	371	11:20
Schlüsie	3.10	26:11	8:26	5	5:33	363	12:45	6.40	49:57	7:48	6	9:26	371	24:05
Hermannsklippe	2.60	25:15	9:42	5	7:09	363	13:30	9.00	1:15:12	8:21	6	15:45	371	37:35
Brocken	3.10	43:38	14:04	6	15:15	371	25:32	12.10	1:58:50	9:49	6	28:47	371	1:03:07
Eiserner Handwe	3.60	25:08	6:58	5	8:50	356	13:10	15.70	2:23:58	9:10	6	37:37	371	1:15:35
Schlüsie	4.10	29:22	7:09	6	13:47	365	17:26	19.80	2:53:20	8:45	6	51:24	371	1:32:22
Loddenke	3.10	24:04	7:45	6	10:12	370	13:51	22.90	3:17:24	8:37	6	1:01:36	371	1:46:13
Ilseburg/Markt	3.30	29:17	8:52	6	13:42	370	18:08	26.20	3:46:41	8:39	6	1:15:18	370	2:04:21