



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Holst, Christian

Club: Grün-Weiß Hohendodeleben
Number: 578

Course: 3.90 km
Einsteigerlauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 19:43

Speed: 11.87 km/h
Running performance: 5:04 min/km

Rank in course/Total: 12 (of 25)

Rank in course/Men: 9 (of 18)

Best time in course: 16:17

Rank in category: 5(of 10)

Best time in the category: 18:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	10:28	5:30	7	1:42	11	2:22	1.90	10:28	5:30	5	1:42	11	0:09
Ilseburg/Markt	2.00	9:15	4:37	4	0:07	7	1:04	3.90	19:43	5:03	5	1:33	9	3:26