



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Holst, Undine

Club: Grün-Weiß Hohendodeleben  
Number: 583

Course: 3.90 km  
Einsteigerlauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 22:53

Speed: 7.87 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 19 (of 25)

Rank in course/Women: 6 (of 7)

Best time in course: 18:21

Rank in category: 3(of 3)

Best time in the category: 18:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	11:43	6:10	3	1:56	6	2:05	1.90	11:43	6:10	3	1:56	6	1:56
Ilseburg/Markt	2.00	11:10	5:34	3	2:36	6	2:36	3.90	22:53	5:52	3	4:32	6	4:32