



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Nolte, Sonja Stefanie

Club: Kindertagespflege Sonja Nolte
Number: 968

Course: 9.60 km
Ilsestein-Walking

Total time: 1:28:14

Speed: 6.53 km/h

metres in height up: 228
Course score: 12.42

performance score: 85 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Ilseburg/Markt	0	0	08:55	00:00	00:00
Ilsestein	4.1	4.1	09:33	00:38	00:38
Loddenke	6.3	2.2	09:53	00:58	00:20
Ilseburg/Markt	9.6	3.3	10:23	01:28	00:29