



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Gräger, Helga

Club: Kneipp Verein Ilseburg  
Number: 986

Course: 9.60 km  
Ilsestein-Walking

Total time: 1:33:07

Speed: 5.80 km/h

metres in height up: 228  
Course score: 12.42

performance score: 81 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Ilseburg/Markt	0	0	08:55	00:00	00:00
Ilsestein	4.1	4.1	09:38	00:43	00:43
Loddenke	6.3	2.2	09:58	01:03	00:20
Ilseburg/Markt	9.6	3.3	10:28	01:33	00:29