



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen
Number: 4208

Course: 6.00 km
6 km Nordic Walking

Total time: 43:59

Speed: 8.18 km/h

metres in height up: 158
Course score: 8.37

performance score: 68 Points