



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Schmitz, Ursula

Club: Team NRW

Number: 4232

Course: 6.00 km

6 km Nordic Walking

Total time: 48:23

Speed: 7.44 km/h

metres in height up: 158

Course score: 8.37

performance score: 62 Points