



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Gommen - Rechau, Gaby

Club: Nordic Walking Hobbygruppe Ahlen
Number: 4209

Course: 6.00 km
6 km Nordic Walking

Total time: 48:55

Speed: 7.36 km/h

metres in height up: 158
Course score: 8.37

performance score: 62 Points