



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Bolek, Christine

Club: Hagen
Number: 4207

Course: 6.00 km
6 km Nordic Walking

Total time: 50:46

Speed: 7.09 km/h

metres in height up: 158
Course score: 8.37
performance score: 59 Points