



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

groll, frank

Club: wt-soest
Number: 1324

Course: 21.00 km
21 km Nordic Walking

Total time: 2:24:31

Speed: 8.72 km/h

metres in height up: 632
Course score: 30.48

performance score: 266 Points