



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Rapsch, Heidi

Club: Die Zwei
Number: 4223

Course: 6.00 km
6 km Nordic Walking

Total time: 55:45

Speed: 6.46 km/h

metres in height up: 158
Course score: 8.37

performance score: 54 Points