



8. Cheruskerwalk

Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Kramer, Martina

Club: Post SV Unna

Number: 4257

Course: 6.00 km

6 km Nordic Walking

Total time: 56:03

Speed: 6.42 km/h

metres in height up: 158

Course score: 8.37

performance score: 54 Points