



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Begemann, Uwe

Club: Detmold
Number: 1335

Course: 21.00 km
21 km Nordic Walking

Total time: 2:29:26

Speed: 8.43 km/h

metres in height up: 632
Course score: 30.48

performance score: 257 Points