



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum

Number: 1232

Course: 21.00 km

21 km Nordic Walking

Total time: 2:37:18

Speed: 8.01 km/h

metres in height up: 632

Course score: 30.48

performance score: 244 Points