



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Maronn, Horst

Club: Team NRW

Number: 1229

Course: 21.00 km

21 km Nordic Walking

Total time: 2:40:36

Speed: 7.85 km/h

metres in height up: 632

Course score: 30.48

performance score: 239 Points