



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Hagemann, Detlef

Club: Team NRW

Number: 1284

Course: 21.00 km

21 km Nordic Walking

Total time: 2:48:39

Speed: 7.47 km/h

metres in height up: 632

Course score: 30.48

performance score: 228 Points