



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Czwikla, Karin

Club: TBS-Herne
Number: 1271

Course: 21.00 km
21 km Nordic Walking

Total time: 2:49:15

Speed: 7.44 km/h

metres in height up: 632
Course score: 30.48

performance score: 227 Points