



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 1043

Course: 21.00 km

21 km Walking

Total time: 2:55:49

Speed: 7.17 km/h

metres in height up: 632

Course score: 30.48

performance score: 219 Points