



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Trinkhaus, Gerd

Club: Hiddenhausen
Number: 1217

Course: 21.00 km
21 km Nordic Walking

Total time: 2:51:16

Speed: 7.36 km/h

metres in height up: 632
Course score: 30.48

performance score: 224 Points