



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Bastert, Brigitte

Club: LSF-Unna-2000
Number: 1302

Course: 21.00 km
21 km Nordic Walking

Total time: 2:53:31

Speed: 7.26 km/h

metres in height up: 632
Course score: 30.48

performance score: 221 Points