



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Ruchatz, Jürgen

Total time: 2:56:18

Speed: 7.15 km/h

Number: 1211

metres in height up: 632

Course: 21.00 km

Course score: 30.48

21 km Nordic Walking

performance score: 218 Points