



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Pauli, Frank

Club: Bad Salzuflen
Number: 1204

Course: 21.00 km
21 km Nordic Walking

Total time: 2:59:12

Speed: 7.03 km/h

metres in height up: 632
Course score: 30.48

performance score: 214 Points