



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Pauli, Frank

Club: Bad Salzuflen  
Number: 1204

Course: 21.00 km  
21 km Nordic Walking

Total time: 2:59:12

Speed: 7.03 km/h

metres in height up: 632  
Course score: 30.48

performance score: 214 Points