



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Henkel, Annemarie

Club: LC Solbad Ravensberg  
Number: 1341

Course: 21.00 km  
21 km Nordic Walking

Total time: 3:02:38

Speed: 6.90 km/h

metres in height up: 632  
Course score: 30.48

performance score: 210 Points