



8. Cheruskerwalk  
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Luhmann, Gerhard

Club: Post SV Unna  
Number: 3285

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:03:06

Speed: 9.51 km/h

metres in height up: 196  
Course score: 12.94

performance score: 123 Points