



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Frankemöller-Heermann, Günter

Club: Laufteam Gescher
Number: 3064

Course: 10.00 km
10 km Walking

Total time: 1:10:26

Speed: 8.52 km/h

metres in height up: 196
Course score: 12.94

performance score: 110 Points