



8. Cheruskerwalk

Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Poggemann, Elke

Club: Etus- Rheine

Number: 1240

Course: 21.00 km

21 km Nordic Walking

Total time: 3:11:04

Speed: 6.59 km/h

metres in height up: 632

Course score: 30.48

performance score: 201 Points