



8. Cheruskerwalk
Holzhausen-Externsteine / 02.09.2012

Detailed evaluation

Werner, Doris

Total time: 3:12:36

Speed: 6.54 km/h

Number: 1282

metres in height up: 632

Course: 21.00 km

Course score: 30.48

21 km Nordic Walking

performance score: 199 Points